



Weight of fabric	Construction	Example of fabric	Stabilisers suggested	Suitable designs
Light weight	Woven – not stretchy	Chiffon or georgette	Non-woven washaway or trick film if translucent. Iron-on, leave-in or thin tearaway if not translucent.	Light embroidery – avoid heavily filled areas.
	Woven – stretchy	Cotton and elastane mixes	Thin cutaway.	Light embroidery – avoid heavily filled areas or wide satin stitch fillings.
	Knitted – stretchy	Rayon stretch, bamboo stretch	Non-woven washaway if translucent. Iron-on, leave-in or thin cutaway if not translucent.	Light embroidery – avoid heavily filled areas or wide satin stitch fillings.
Medium weight	Woven – not stretchy	Sheeting weight cotton, quilting fabric	Thin tearaway or leave-in fusible.	Medium to heavy fill density. Most designs will be suitable.
	Woven – stretchy	Cotton and elastane mixes	Thin cutaway.	Medium to heavy fill density. Most designs will be suitable.
	Knitted – stretchy	T-shirting with high cotton content	Thin to medium cutaway.	Medium to heavy fill density. Most designs will be suitable.
Heavy weight	Woven – not stretchy	Denim, bull denim, canvas, wool, linen, melton	Medium weight tearaway or leave-in fusible.	Medium fill density. Most designs will be suitable but avoid small detail.
		Blankets, quilts, towels	Stabiliser could be omitted. Use same thread in the bobbin and trick film tearaway. Add washaway film to the top.	Simple bold designs with minimum small detail.
	Woven – stretchy	Cotton and elastane mixes	Thin cutaway.	Medium fill density. Most designs will be suitable but avoid small detail.
	Knitted – stretchy	Track suiting, terry cloth, fleece, sweaters	Thin to medium cutaway and washaway film on the top.	Medium fill density. Most designs will be suitable but avoid small detail.