Make your own mask

– created by Niki

This mask is great to use as an anti-pollution, anti-allergy mask. It allows you to insert a filter as per your own requirements. This mask also reduces the spread of droplets, which in return reduce the spread of viruses.

Please note, this mask will not protect a person against contamination, the purpose is to stop the spread of droplets which will lower the spread of a virus. Please strictly follow all recommendations from your health organisations to protect your health and other people.

Materials needed:

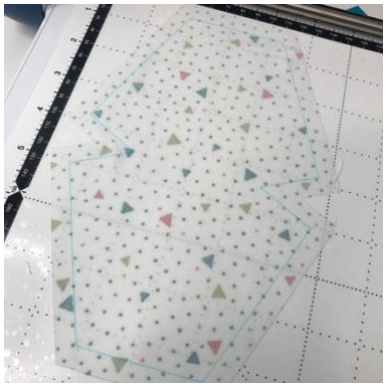
Cotton fabric – 2 x (18 x 25cm) pcs, 1 x (17 x 18cm) pc

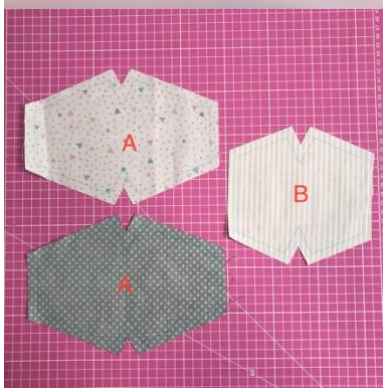
Patterns (A & B)

- for ScanNCut cutting file, download here
- for PDF download here

Instructions:

1.





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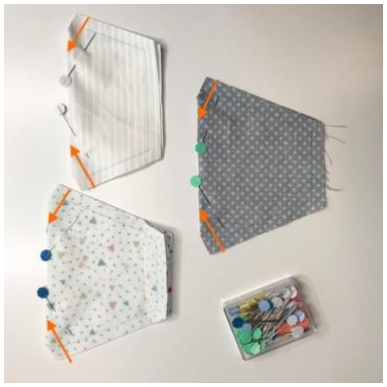

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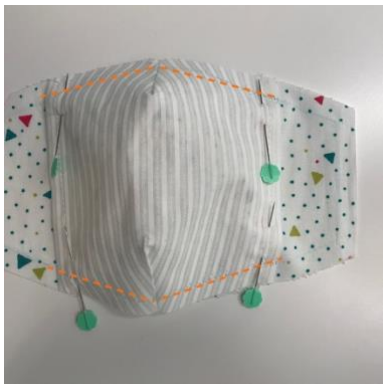

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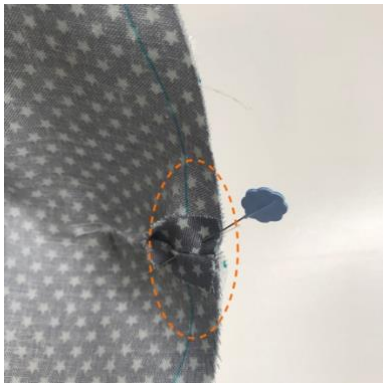

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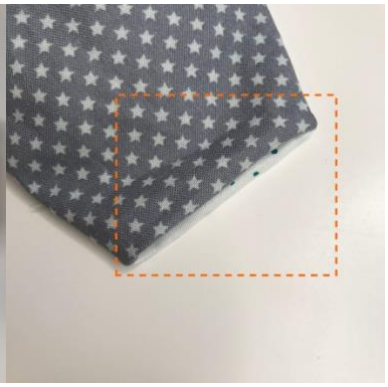

8.

9.

10.